

## What is DUSK?

Dusk is a supportive 8 week closed group program for women who have experienced domestic and family violence.

Dusk is a safe space for women to Discuss and Understand our Shared Knowledge (DUSK).

Through the group, we work together to build knowledge, understanding and self-esteem. We value and respect each woman's own unique journey.

## Who is it for?

Dusk is for any woman who has had any experience of domestic and family violence, including those who remain in their relationship, those who have left their relationship and women who feel unsafe as a result of the behaviour of other family members such as teenage or adult children.

## How does it work?

Dusk runs for 8 weeks during each school term on a Tuesday morning.

Attendance is free. We can also provide free transport and childcare for pre-school aged children.

## How do I get involved?

Call Liberty on 6583 2155. Our Dusk Facilitator will talk you through the registration process.





The way you have treated me has given me the inspiration to stand on my own two feet when I was down on the floor. Every second of help and support has empowered me, given me hope, strengthened my spirit and opened the door for me to follow my own path.



## Contact us

02 6583 2155

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[libertyservices.org.au](http://libertyservices.org.au)